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Blessed Feast of
St. Gregorios of Parumala
(2 November)



Blessed memory of
L.L. H.G.Dr. Paulose Mar Gregorios
(24 November)



Blessed memory of
L.L. H.G. Job Mar Philoxenos
(20 November)

"Sing praises to the Lord, O you his saints and give thanks to his Holy name" - Ps.30:4

for members only



Rev. Fr. Siby Thomas
Assistant Vicar

Dear ones in Christ,

We are celebrating 117th Dikhrono of St. Gregorios of Parumala. While we celebrate the feast we must have strong

conviction in the intercession of saints rather than taking it in a very casual way. The Life of Parumala Thirumeni and other saints of the church give us a lot to meditate, retreat and practice. They are our signboards to Thine Abode. Let us see how these saints lived up to the verse "Be ye imitators of me, even as I also am of Christ" in its real sense and what significance they have in our life.

1. The Significance of the Lives of the Saints

There is no dichotomy between the Lives of the Saints and the theological writings of the Church. The lives of the Saints are "experiential theology" or "applied dogmatic theology". Godhead had a unique vision while creating man in his own image and likeness. It is revealed through the incarnation where we see the fact that God became man in Jesus Christ so that the men become God through Jesus. He united human nature with Divine Nature. The fact of the God-man, the Theanthropos, is the axis of the universe: it is the reality according to which everything else must be viewed, whether it is the nature of the Church or the problems and issues of everyday life.

We can define Christians as Christ-bearers, and, by virtue of this, they are bearers and possessors of eternal life.... The Saints are the most perfect Christians, for they have been sanctified to the highest degree of holy faith in the risen and eternally living Christ, and no death has power over them. Their life is entirely Christ's life; and their thought is entirely Christ's thought; and their perception is Christ's perception. The Saints live in Christ, but Christ also lives in them through His Divine Energies, His Grace. And where Christ is, there is the Father and the Holy Spirit also. Christ says, Abide in Me, and I in you; and elsewhere He says, If a man love Me, he will keep My words: and My Father will love him, and We will come unto him, and make Our abode with him (John 15:4; 14:23).

Thus, the Saints not only bear witness to the Life in Christ: they may even be said to be the continuation of the Life of Christ on earth. The lives of Saints are a continuation of the Acts of the Apostles which means they are the acts of Christ, which the Holy Apostles do by the power of Christ.

We might well ask ourselves, if Orthodox spiritual life

is even possible without the testimony of the Lives of the Saints? The answer to this is "no."

True spiritual life begins when we live in Christ and Christ lives in us, right here on this earth. And the Lives of the Saints bear witness to us that the Life of Christ on earth did not end with His Ascension into Heaven, or with the martyrdom of His Apostles. He still lives in and through His saints.

2. How to Make Use of the Lives of the Saints

First, we look to the Saints as our examples. Be ye imitators of me, even as I also am of Christ (I Cor. 11:1). As Christians, we want to grow in the likeness of Christ, to have that likeness shine in us. For this to occur, we need to look often to the Saints to see that shining likeness: we must look to them for real, practical examples of how to live.

Secondly, we must look to the Saints as our heavenly friends, as our brothers and sisters in the Faith, and as our preceptors. We read about them not as people who are dead, but as people who are living.

3. "Remember the Saints of God and your Call to Sanctity"

In remembering the Saints of God we must always remember that each one of us is called to be a Saint. The Saints are deified human beings, who are filled with the Grace, the Uncreated Energies of God, and who live the Divine-human life of Christ in the Church. To become completely holy, both in soul and in body—that is our vocation. This is not a miracle, but rather the norm, the rule of faith.

It is our task as Christians, to acquire more and more of this Divine-human life, to go deeper and deeper into it, to grow more and more in the likeness of Christ, to be filled with more and more of his Grace. Perhaps we will never acquire such Grace as was seen in St. Gregorios of Parumala or St. Dionysius of Vattaseril but we are called to be growing toward such an overflowing measure of Grace.

We are not alone in our spiritual journey. Parumala Mar Gregorios, our patron saint along with other saints accompany us in the journey as "The sanctification or perfection of a human being attained even in theosis [deification] is not complete during this life. It is an 'unfinished perfection,' as it is called in the Ladder of Divine Ascent by St. John Climacus."

May the prayers and intercession of St. Gregorios be a stronghold for us.



WHAT IS PRAYER? WHY PRAY? HOW PRAY?

-By- (Late.) H.G Dr. Paulose Mar Gregorios

(Contd. from Vol.7, Issue.10, Oct 2019, Page.3)

A sixth rule is to keep the balance between group prayer and personal prayer. Man is not primarily an individual. It is as a member of the Body of Christ that he has any standing before God. Therefore it is important for us to come into the presence of God regularly as a community - as a family as a youth group, as a local congregation. And a community is composed of all kinds of people, not all of them exactly like you. They have different tastes, different ways of praying, different habits of prayer. I have to join them even sometimes when I think that their way of worship is not what it should be. Without participating in community worship and making the necessary adjustments necessary for joining them, we cannot get rid of our selfishness and pride, and grow to be a real human being.

But community worship is not enough by itself. We need various levels of community with varying degrees of intensity of relationship. The youth group and the family are more intimate communities than the congregation. New forms can be used in these smaller groups which will be difficult or unfamiliar for the congregation as a whole. The prayers in this book are mainly meant for family and group worship, but can also be used for personal prayer in the privacy of your own room at home or in the hostel.

In addition to these forms, however, some other forms of prayer should be mastered for personal use. The most effective and useful of these forms is called ejaculatory prayer. These are one - sentence prayers which one can repeat as many times as necessary, no matter, where or when. You can say them in your mind when you are waiting for a bus; when you are anxious about something; when you are facing temptation, when you feel bored and lonely, while you are lying in bed, comfortable and too lazy to get up; while going to bed and when sleep does not come immediately, and so on.

The following are some of the possible forms of ejaculatory prayer:

1. Lord Jesus Christ, Son of God, be merciful to me a sinner.
2. O God, Thou art my God. I love Thee. I am Thine for ever.
3. Lord, you are my Master and Lord, I give myself to Thee.
4. Lord, keep me in Thy ways, keep me from all evil.
5. Lord, have mercy, Lord, have mercy, Lord have mercy upon me.

You can make up your own forms of prayer, for here the Church lays down no rules for personal prayers. Of these forms above, the first was a favourite with the monks, and is known as the 'Jesus Prayer.' They used to recite it thousands of times in a day

as a sort of Mantra. In Mount Athos, the monks trained themselves to say this prayer along with every breath. They would say "Lord Jesus Christ, Son of God" with every inhaling breath, hold the breath in the lungs for a few seconds and then exhale, saying "be merciful to me a sinner." The idea was that the prayer should become as incessant an action as breathing, that the Lord Jesus Christ should become established in your heart as a deity is in a temple, and that you should constantly be in an attitude of prayer and repentance.



These forms of personal prayer as well as others should be developed. Each child of God has a right to speak to God any time and at all times, using his or her own words. There are no Church rules for personal prayer. It is an act of your personal freedom, and therefore is all the more pleasing to God when you use your own personal intimate language. Personal prayer enriches group prayer; common prayer in the family, group or congregation enriches one's personal prayer; neither should be neglected. The two should balance each other. But the use of extemporary prayer is not to be encouraged in group worship.

A seventh rule is that prayer should be nourished by the reading of the scriptures and meditation. One can discipline one self to read a chapter of scripture every day.

Read aloud or silently. Meditate on the meaning of the passage. Devotional books may be helpful, but may also obscure the meaning of the scripture. Do not worry about whether the reading of scriptures gives you a feeling of devotion or not. Feelings are deceptive. What you need to find out is the answer to the following questions: "What was God saying to the people of that time through this passage? What does God say to me now?"

Systematic reading of the scriptures and memorizing some passages which touch you deeply will be found very helpful as life advances. You will be grateful to God in your middle age that you started reading and memorizing when your mind was still impressionable.

Conclusion

All these rules are to help you to become a praying Christian. Only your own sustained and disciplined practice will make you perfect. But remember one thing. Prayer can never be isolated from the common worship of the Eucharist and from the continuous, active compassionate love for your fellowmen. Let us all pray: "Lord, Teach us to pray. Amen."

(Written for Orthodox young people in India)



FEAST DAYS IN NOVEMBER

KOODHOSH EETHO (SANCTIFICATION) (Feast Day: November 3)

The Sunday that comes on after October 30th is called Koodhosh Eetho (Sanctification of Church) Sunday. It is the beginning of the church calendar.

First of all we need to know what the Church is and why it should be sanctified. Church, according to St. Paul, is the 'Body of Christ' (Romans 12:4-21; 1Cor 6:15; 12:12ff). Church is also called the 'temple of God' (1Cor 3:16). This Church belongs to God.

A temple is the abode of God and therefore it must be holy. Here St. Paul reminds us all that individual

believers and the collective body of believers is the members of Christ's body.

In His High-priestly prayer, our Lord prayed to His Father to sanctify His disciples and His Church: "Sanctify them in the truth; your word is truth. As you did send me into the world, so I have sent them into the world. And for their sake I consecrate myself, and they also may be consecrated in truth" (John 17: 17-19). Thus, Jesus Christ and Holy Spirit are interceding for us (Heb.10; Rom 8: 26-27).

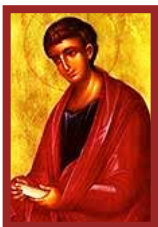
HOODHOSH EETHO (DEDICATION) (Feast Day: November 10)

The Sunday after Koodhosh Eetho is called Hoodhosh Eetho (Dedication of Church) Sunday.

The Syriac term "Hoodhosh Eetho" meaning, "The Feast of Dedication of the Church", has a connection with "the Feast of Dedication of the Old Testament

Church", which took place approximately three months after the Feast of Tabernacles (John 7:1-10:21). It was also called 'Hanukkah or Chanukah' which was of 8 days celebrations by the Jews. Like Diwali to the Hindus, it was a 'Festival of Light' to the Jews.

ST. PHILIP THE APOSTLE (Feast Day: November 14)



This Apostle, one of the Twelve, was from Bethsaida of Galilee, and was a compatriot of Andrew and Peter. He was instructed in the teachings of the Law, and devoted himself to the study of the prophetic books. Therefore, when the Lord Jesus called him to

the dignity of apostleship, he immediately sought out and found Nathanael and said to him, "We have found Him of Whom Moses in the Law and the Prophets did write, Jesus of Nazareth, the son of Joseph" (John 1.45). Having preached Jesus the God-man throughout many parts of Asia Minor, and having suffered many things for His Name's sake, he was finally crucified upside down in Hierapolis of Phrygia.

ST. ANDREW THE APOSTLE (Feast Day: November 30)

St. Andrew was the first disciple of Jesus. He was the younger brother of Saint Peter and was born in Bethsaida on the Sea of Galilee. The brothers were fishermen by trade. Jesus called them to be his disciples by saying that he would make them "fishers of men."

The Gospel of John teaches us much about St. Andrew who was originally a disciple of St. John the Baptist. When John pointed to Jesus and said, "Behold the Lamb of God!" Andrew understood that Jesus was greater and immediately left John to follow Jesus. He visited in Jesus' home and later brought his brother Simon Peter, who Jesus also called to be an apostle. It is believed that Saint Andrew and Saint Peter continued their trade as fishermen until Christ called them to a closer relationship, and they left all things to follow Jesus.

After Christ's crucifixion and resurrection, St. Andrew the Apostle preached the gospel in Asia Minor and in

Scythia as far as Kiev. Not much is mentioned in the Book of Acts regarding the life of Saint Andrew.

Saint Andrew was martyred by crucifixion at Patras in Achaea in Greece. Because St. Andrew deemed himself

unworthy to be crucified on the same type of cross on which Christ had been crucified, he asked to be tied to a Crux decussata or an X shaped cross. The Apostle Andrew did not die right away but instead he was left to suffer for two days while he continued to preach the gospel of Jesus Christ until he finally died.

His relics consist of a small finger, the top of his cranium and pieces of the cross. These are kept in a shrine at the Church of St. Andrew in Patras.





ഒരു അപ്പർവ്വ ചിത്രം.

ആറു മെത്രാപ്പോലീത്തമാരും കത്തനാർമാരും ശൈമാശൻമാരും കോട്ടയം പഴയ സെമിനാരിയിൽ.

ഇരിക്കുന്നവർ: മാർ അബ്ബീശ, പൗലോസ് മാർ ഇവാന്റിയോസ് (കണ്ടനാട്), പൗലോസ് മാർ അത്തനാസിയോസ് കടവിൽ, പുലിക്കോട്ടിൽ മാർ ദിവന്നാസിയോസ്, ചാത്തുരുത്തി ഗിവർഗീസ് മാർ ഗ്രിഗോറിയോസ് (പരുമല തിരുമേനി), മാർ ജൂലിയസ് അൽവാറിസ് (ഗോവ).



ഡിക്രൂസ് എടുത്ത ചിത്രം



പരുമല തിരുമേനിയെ 1902 നവംബർ രണ്ടിനു രാവിലെ കബറടക്കുന്നു. ഈ ചിത്രം ഓബ്ബന്നൂർ വടക്കേറ്റത്ത് ഹമ്പിൾ കോട്ടേജിൽ പാ. ജേക്കബ് ജോൺസിന്റെ ശേഖരത്തിൽ നിന്ന് ഇതിന്റെ നെഗറ്റീവ് തിരുവനന്തപുരത്ത് കറുവുകോണം വഞ്ചിപ്പാലത്ത് കടുംബത്തിൽ.

പരിശുദ്ധ പരുമല തിരുമേനി

പരിശുദ്ധ പരുമല തിരുമേനിയുടെ ജീവിത വിശുദ്ധി, തപോനീഷ്യ, ആദ്ധ്യാത്മ ജ്ഞാനം എന്നിവയെക്കുറിച്ച് എവർക്കും അറിവുള്ളതാണ്. തിരുമേനിയുടെ മദ്ധ്യസ്ഥയിൽ നടക്കുന്ന അതുത സാക്ഷ്യങ്ങൾ എണ്ണിയാൽ ഒടുങ്ങാത്ത വിധം അനവധിയാണ്.

1848 ജൂൺ 15-ന് എറണാകുളം ജില്ലയിൽ മൂളത്തുരുത്തിയിൽ ശ്രാവികൽ പള്ളത്തട്ട കടുംബ ശാഖയായ ചാത്തുരുത്തിൽ തറവാട്ടിൽ മത്തായിയുടെയും കണ്ടനാട് കല്ലറയ്ക്കൽ പള്ളിപ്പുറത്ത് കടുംബത്തിലെ മറിയത്തിന്റെയും മക്കളിൽ അഞ്ചാമനായി ജനിച്ചു. ഗീവർഗ്ഗീസ് എന്ന് പേരിട്ടുങ്കിലും കൊച്ചയപ്പോര എന്നാണ് വിളിച്ചിരുന്നത്. ബാലന് 2 വയസ്സ് തികയുന്നതിന് മുമ്പു തന്നെ മാതാവ് മറിയം അന്തരിച്ചു. അതിനു ശേഷം ഗീവറുഗീസിനെ സംരക്ഷിച്ചത് സഹോദരി മറിയം ആയിരുന്നു.

1857 സെപ്റ്റംബർ 26-ന് 9-ാം വയസ്സിൽ കോറയോ പട്ടം, 1864 നവംബർ മാസത്തിൽ 16-ാം വയസ്സിൽ കശ്ശിശാ പട്ടവും കോറെപ്പിസ്കോപ്പാ സ്ഥാനവും സ്വീകരിച്ചു. 1876 ഡീസംബർ മാസത്തിൽ 28-ാം വയസ്സിൽ വടക്കൻ പറവൂർ പള്ളിയിൽ വച്ച് പരിശുദ്ധ പത്രോസ് പാരിയർക്കീസിൽ നിന്നും മേൽപ്പട്ട സ്ഥാനം ഏറ്റു. ചാത്തുരുത്തിൽ മാർ ഗ്രിഗോറിയോസ് മെത്രാപ്പോലീത്തയ്ക്ക് നിരണം ഭദ്രാസനത്തിന്റെ ചുമതല കല്പിച്ചുകൊണ്ട് പത്രോസ് പാത്രീയർക്കീസ് സുസ്ഥാത്തിക്കോൺ നൽകി. മറ്റ് തിരുമേനിമാരെ അപേക്ഷിച്ച് തിരുമേനി നന്നേ ചെറുപ്പമായതിനാൽ "കൊച്ചു തിരുമേനി"

എന്ന് വിളിച്ചു.

ഭദ്രാസന ഭരണവും വൈദിക പരിശീലനവും ഒരമിച്ച് കൊണ്ടുപോകുവാനുതകുന്ന ഒരു ദിനചര്യ സ്വീകരിക്കുകയും അതിനനുസരിച്ച് കൃത്യമായ സമയം ക്രമീകരിക്കുകയും ചെയ്തു. പ്രഭാതത്തിൽ 4 മണിക്കാണ് ഉറങ്ങാൻ പോകുക. ഒരു ദിവസം 6 മണിക്കൂറിൽ കുറയാത്ത സമയം ശൈമാശൻമാർക്കുവേണ്ടിയും 3 മണിക്കൂർ ഭദ്രാസന ഭരണത്തിനായും തിരുമേനി നീക്കിവെച്ചു. ഒരു ദയറാക്കാരന്റെ അച്ചടക്കവും സന്യാസചര്യകളും ധ്യാനവും ഉപവാസവും മൗനവും തിരുമേനി ജീവിതത്തിൽ വ്രതമാക്കിയിരുന്നു. ഒരു സന്യാസിയുടെ ലളിത ജീവിതവും നിയന്ത്രിത ഭക്ഷണക്രവും തിരുമേനിയെ തേജസ്വിയാക്കി.

1895 ജനുവരി 28-ന് വിശുദ്ധനാട് (ഊർശ്ശേംയാത്ര) സന്ദർശനത്തിന് പരുമലയിൽ നിന്ന് പുറപ്പെട്ട തിരുമേനി 1895 മാർച്ച് 5-ന് ബോംബയിൽ തിരിച്ചെത്തി ജൂൺ 6-ന് നിരണം വഴി പരുമലയിൽ തിരിച്ചെത്തി.

ജീവിതത്തെ കർമ്മസാധനയാക്കി മാറ്റിയ നിഷ്ഠയോഗിയായിരുന്നു തിരുമേനി. ഉപവാസത്തിന്റെ കാർക്കശ്യം, തിരാത്ത യാത്രകൾ, പല വിഷയത്തെ കുറിച്ചുള്ള മനഃസംഘർഷങ്ങൾ എന്നിവയാകാം തിരുമേനിയെ രോഗിയായിക്കിടന്നത്.

1902 നവംബർ 2 ഞായറാഴ്ച 55-ാം വയസ്സിൽ ഉദരസംബന്ധമായ രോഗത്താൽ തിരുമേനി കാലം ചെയ്തു. 1947 നവംബർ 2ന് തിരുമേനിയെ വിശുദ്ധൻ ആയി എപ്പിസ്കോപ്പൽ സുന്നഹദോസ് പ്രഖ്യാപിച്ചു.



പരിശുദ്ധ പിതാക്കന്മാരുടെ മദ്ധ്യസ്ഥതയിൽ
അഭയം പ്രാപിക്കാം.....



പരിശുദ്ധ ഗിവർഗീസ് മാർ ഗ്രിഗോറിയോസ്
(പരുമല തിരുമേനി)
117ാം ഓർമ്മ, നവംബർ-2
(പരുമല പള്ളി)



പുലിക്കോട്ടിൽ ജോസഫ്
മാർ ദിവന്നാസിയോസ്-1
198-ാം ഓർമ്മ, നവംബർ-24
(പഴയ സെമിനാരി)



ബെബിയോസ് മാർത്തോമ്മ
മാത്യൂസ് പ്രഥമൻ ബാവ
18-ാം ഓർമ്മ, നവംബർ-8
(ദേവലോകം അരമന)



കടവിൽ പൗലോസ്
മാർ അത്താനാസിയോസ്
107-ാം ഓർമ്മ, നവംബർ-2
(തൃക്കുന്നത്തു് സെമിനാരി, ആലുവ)



വലിയപറമ്പിൽ ഗിവർഗീസ്
മാർ ഗ്രിഗോറിയോസ്
48-ാം ഓർമ്മ, നവംബർ-6
(തൃക്കുന്നത്തു് സെമിനാരി, ആലുവ)



തോമാ മാർ
ദിവന്നാസിയോസ്
42-ാം ഓർമ്മ, നവംബർ-3
(പത്തനംപുറം ദയറ)



പൗലോസ്
മാർ ഗ്രിഗോറിയോസ്
18-ാം ഓർമ്മ, നവംബർ-24
(പഴയ സെമിനാരി)



സതേഷാനോസ്
മാർ തേവോദോസിയോസ്
7-ാം ഓർമ്മ, നവംബർ-5
(ദിലായ്, സെന്റ് തോമസ് ആശ്രമം)



ഇയ്യോബ്
മാർ പീലക്സിനോസ്
3-ാം ഓർമ്മ, നവംബർ-20
(പത്തനംപുറം ദയറ)



OCYM UAE Zonal Youth Fest Sargolsavam 2019 - St. Thomas OCYM Dubai Unit has won the Overall Championship. Heartfelt Congratulations to all our Participants.



Drawing, painting and colouring competition on 'Tolerance' topic organised by MGOCSM on 25th of October as the part of MGOCSM day celebration.



'Diabetes and Eye' Class by Dr.Renee Thomas, NMC Hospital, Sharjah - Organized by MOMS



**ST. THOMAS ORTHODOX CATHEDRAL
SUNDAY SCHOOL, DUBAI - U.A.E.**



Congratulations to all winners of
**Orthodox Sunday School Association of the East
Outside Kerala Region - U.A.E. Zone Annual Competitions 2019**



SARAH LIGIS DANIEL
Malayalam Solo - 1st
Sub-Juniors



SARAH ELIZABETH ANDREWS
English Solo - 2nd
Sub-Juniors



NATHAN RENJITH THOMAS
Elocution - 1st
Sub-Juniors



SAMIEL RINJU
Elocution - 2nd
Sub-Juniors



**SAMIEL RINJU, EVEEYN SARAH YIRINI
ABRAHAM VARGHESE & ANANTA ELSA DANIEL**
Group Song - 3rd (Sub-Juniors)



ASHIKA MERIN RAJIO
English Solo - 1st
Juniors



AISA HANNA MATHEW
Elocution - 2nd
Juniors



SARAH ELIZABETH GEORGE
Elocution - 3rd
Juniors



**ABANAH ANN RENJITH, ABIYA SUSAN DANIEL
ANGEL EJISH & LIAN V. LALA**
Group Song - 2nd (Juniors)



CAROLINE ABRAHAM
Malayalam Solo (Female) - 2nd
Intermediates



NOEL THOMAS DANIEL
Malayalam Solo (Male) - 1st
Intermediates



JULIN RENJI
English Solo (Female) - 2nd
Intermediates



ANNROSE SUSAN JOSHUA
Elocution - 1st
Intermediates



CHRISTINA ANN JERO
Malayalam Solo (Female) - 3rd
Seniors



CHRISTINA MARY GEORGE
English Solo (Female) - 1st
& Elocution - 3rd
(Seniors)



AGNUS MARY ABRAHAM
English Solo (Female) - 3rd
Seniors



MARIAM DINAH JACOB
Extempore - 1st
Seniors



SHERIN SUSAN DAVID
Extempore - 2nd
Seniors



**CHRISTINA ANN JERO, CHRISTINA MARY GEORGE,
SHERYLL JOHN CHACKO & JOAN MARIAN GEORGE**
Group Song - 1st (Seniors)



**AHRON DANIEL BUJ, JOHN GEEVER THEKKAKARA,
ROBI ROY THOMAS & NITITH ABRAHAM SHAJI**
Quiz - 2nd (Seniors)

Inter-Church Competitions 2019
held at Sharjah Marthoma Church



KEVIN THOMAS PHILIP
English Solo (Male) - 1st



CHRISTINA MARY GEORGE
English Solo (Female) - 1st



SHERIN SUSAN DAVID
Extempore (Female) - 1st



AHRON DANIEL BUJ, JOHN GEEVER THEKKAKARA & ROBI ROY THOMAS
Quiz Team



Triv?d

Mothers in the Bible

Find the mothers hidden in the butterfly.

- | | |
|---|---|
| 1. (.....)
The mother of Solomon | 9. (.....) The mother of Jesus the Christ |
| 2. (.....)
The mother of Timothy | 10. (.....)
Ruth's mother-in-law |
| 3. (.....) The mother of all living | 11. (.....)
The mother of Joseph and Benjamin |
| 4. (.....)
The mother of Ismael | 12. (.....)
The mother of Jacob and Esau |
| 5. (.....)
The mother of Samuel | 13. (.....)
The mother of two disciples-James and John |
| 6. (.....)
The mother of Moses | 14. (.....)
The mother of nations |
| 7. (.....) The mother of Levi and five other sons | |
| 8. (.....) The grandmother of Timothy | |



Do you know???

- Who won gold at the 48 Kg category in the Wushu World Championships 2019? (Praveen Kumar)
 - Where is Vize Bay off Novaya Zemlya located? (Arctic)
 - Who won the European Open 2019 Championship in the men's singles category? (.Andy Murray)
 - Who became the fourth batsman to hit a double hundred both in ODI and Test cricket? (Rohit Sharma)
 - Which Country archeologist recently discovered the oldest known natural pearl in the world in 2019
1. Praveen Kumar 2. Arctic 3. Andy Murray 4. Rohit Sharma 5. Abu Dhabi

St. Thomas Orthodox Cathedral
Orthodox Christian Youth Movement
Dubai, U.A.E.

Blood Donation Camp

IN ASSOCIATION WITH

مركز دبي للتبرع بالدم
Dubai Blood Donation Centre

**Give Blood
Give Life**

Time: 1st November 2019 (Friday) from 11:00am onwards
Place: St. Thomas Orthodox Cathedral, Dubai

Blood donors should provide their original Emirates ID



ST. THOMAS ORTHODOX CHRISTIAN YOUTH MOVEMENT (OCYM)

Regular Meeting on Every Friday at OCYM Hall

Contact: 050 304 3637, Email: ocymdubai@gmail.com, Website: www.stthomasocymdubai.org

JOB CELL

Active job seekers and job providers forum within the Church. Providing orientation for job seekers.

Ensuring appropriate candidates for job providers.

Contact: 050 9385982, Email: jobcellocymdubai@gmail.com

LIBRARY

Library opens every Friday after the Holy Qurbana. Collection of more than 10,000 of books including children's books. Contact: 052 8395577, Email: ocymdxblibrary@gmail.com

DIVYABODHANAM

Classes for Bible Study, Church History, Fundamentals of Malankara Orthodox Church.

Every Monday 8 pm to 9.30 pm. Contact: 055 3525278, Email: ocymdubai@gmail.com

SUNDAY SCHOOL

Regular Classes - 10.30 am to 12.30 pm

8th November - Orientation Class for 12th Grade students and all Teachers

15th November - Teachers Meeting (After SS classes)

22nd November - Mock Test for 10th & 12th Grade Students

22nd November - Farewell to 12th Grade students, immediately after the Mock Test.

29th November - Annual Exam. for KG Classes, Grade-1st to 9th & 11th.

29th November - Annual Exam. Publication of Final Results, except 10th & 12th.

MOMS

Regular Meeting on Every Friday after Holy Qurbana.

Medical Checkup on alternative Fridays.

MGOCSM

Regular Meeting on Every Friday after Holy Qurbana

STOC MEDICAL FELLOWSHIP

Regular Meeting on Every Second Wednesday after intercessory prayers

STOC SENIOR CITIZEN'S FORUM

Regular Meeting on Every First Wednesday after intercessory prayers

NEW MEMBERS JOINED IN OCTOBER 2019

No.	Cardex	Name	Mobile#	Area	Home Parish
1	B429	Binu Gevarhese	971565776670	Al Nahda 2, Dubai	St.john's Orthodox Syrian Church, Mumbai
2	D099	Daniel Renjith Abraham	971509019143	Mirdif Silicon Oasis	Mar Baselios Mar Gregorios Orthodox Church, Thiruvalla
3	S760	Sujin Varghese	971544741088	Port Sayd	St. George Orthodox Valiya Pally, Kollam Dist.
4	M434	Mathai V Zakhariah	971508200102	Bur Dubai	St. Stephens Orthodox Cathedral, Kudassanad, Kerala
5	V317	Varghese Mathai	971529743965	Jebel Ali / Al Qouz	St.george Orthodox Church, Thiruvananthoor
6	R396	Roby Varghese	971504821081	Al Shaab	St. George's Church, Delhi
7	R397	Ribu K Varghese	971508502198	Mirdif Silicon Oasis	St. Mary's Orthodox Church, Kottoor, Kaviyoor
8	A477	Anson Alexander	971507228141	Muhaisna/Lulu Village	Niranam, St. Mary's Orthodox Church
9	C139	Christy Rajan	971586196771	Al Ghusais	Mar Gregorios Orthodox Church, B-2, Janakpuri
10	E054	Eldose T Varghese	971588615915	Naif/Frij Murar	St. George Orthodox Cathedral, Kunnakkurudy



AREA PRAYER MEETING SCHEDULE FOR THE MONTH OF NOVEMBER 2019

DAY & DATE	WEEK	AREA	NAME	CARDEX	ADDRESS
2 ND NOV 2019 SATURDAY	FIRST	PORT ZAYED - HOR AL ANZ	MR. JIJI JOHN	J328	FLAT # 109, ASAM BUILDING OPP: HAJI ALI JUICE CENTER, OUD METHA CONTACT # 0566560443, 04 2555845
4 TH NOV 2019 MONDAY	FIRST	AL QUSAIS	MR. THOMAS GEORGE	T198	FLAT # 302A, SYED IBRAHIM BLDG BEHIND AL BUSTAN RESIDENCE CONTACT # 055 7009228
9 TH NOV 2019 SATURDAY	SECOND	BUR DUBAI	MR. BIBU KURIAN	B302	FLAT # 504, AL RAFFA BLDG. (SFC BLDG) ROLLA STREET, BUR DUBAI CONTACT # 0505868752
11 TH NOV 2019 MONDAY	SECOND	AL NAHDA - DUBAI	DR. SHAJI KOCHUTTY	S277	FLAT #1102, AL MATTAR TOWER AL NAHDA 1, CONTACT# 0507559224
11 TH NOV 2019 MONDAY	SECOND	KARAMA	MR. BEAUTY PRASAD	B254	FLAT # 101, YATEEM BLDG., BEHIND REGENT PALACE HOTEL, KARAMA CONTACT # 0553242800, 04-3350068
16 TH NOV 2019 SATURDAY	THIRD	YOUSUF BAKER - FRIGE MURAR -NAIF ROAD	MR. MATHEW THOMAS	M116	FLAT # 203, 2ND FLOOR KUWAIT BLDG., AL BARAHA, NAIF ROAD, DEIRA CONTACT # 0505486209, 042728522
16 TH NOV 2019 SATURDAY	THIRD	SHARJAH- OTHER EMIRATES	MR. ROY JOHN	R96	VILLA # 10, STREET 5, MISTRAL AVENUE UMM AL QUWAIN CONTACT # 0504553182
18 TH NOV 2019 MONDAY	THIRD	MUHAISANA - LULLU VILLAGE	MR. SANY SAM JACOB	S739	FLAT #606, SALAMA BUILDING NEAR RING ROAD TASJEEEL CONTACT #0507620322
18 TH NOV 2019 MONDAY	THIRD	AL QUSAIS	MR. M.V.MATHEWS	M056	FLAT # 104, BLDG. #7, NEAR ALPHONSA AL FALAH BOOKSHOP, DAMASCUS STREET CONTACT # 0551755546
23 RD NOV 2019 SATURDAY	FOURTH	AL NAHDA - SHARJAH	MR. CHARLES T RAJU	C111	CHURCH HALL CONTACT #0559117422
23 RD NOV 2019 SATURDAY	FOURTH	SATWA	MR. BINTU BABY	B273	CHURCH HALL CONTACT # 0558638291
25 TH NOV 2019 MONDAY	FOURTH	KARAMA	MR. SUNIL C. BABY	S257	FLAT # 619, ZOMORRODAH BLDG AL HUSSAIFA FURNITURE, NEXT TO CEN- TRAL LABORATORY, KARAMA CONTACT # 0506588970, 043572168
25 TH NOV 2019 MONDAY	FOURTH	MIRDIFF - SILI- CON OASIS	MR. ANIL VARGHESE	A182	CHURCH HALL CONTACT #0507492436

SONAPUR PRAYER MEETING - EVERY FRIDAY EVENING AT EVERHOT CAMP @ 17:00 - 19:00 HRS



മികച്ച ജീവകാരുണ്യ പ്രവർത്തനങ്ങൾ നടത്തിയ യൂണിറ്റുകൾക്ക് അഖില മലങ്കര ഓർത്തഡോക്സ് ക്രൈസ്തവ യുവജനപ്രസ്ഥാനം കേന്ദ്ര സമിതി നൽകുന്ന ജീവകാരുണ്യ അവാർഡിന് സെന്റ്. തോമസ് ഓർത്തഡോക്സ് കത്തീഡ്രൽ യുവജനപ്രസ്ഥാനം ദബായ് യൂണിറ്റ് അർഹമായി. അഖില മലങ്കര ഓർത്തഡോക്സ് ക്രൈസ്തവ യുവജനപ്രസ്ഥാനം പ്രസിഡന്റ് അഭിഷോ. യൂഹാനോൻ മാർ ക്രിസോസ്തമോസ് മെത്രാപ്പോലീത്തയുടെ അദ്ധ്യക്ഷതയിൽ 2019 ഒക്ടോബർ 27 തൊയറാഴ്ച പതമല സെമിനാരി ചാപ്പലിൽ വെച്ചു നടന്ന യുവജനസംഗമം പ്രോഗ്രാമിൽ, മലങ്കര ഓർത്തഡോക്സ് സഭയുടെ പരമാദ്ധ്യക്ഷൻ പരിശുദ്ധ മോറാൻ മാർ ബസേലിയോസ് മാർത്തോമ്മാ പാലോസ് ദ്വിതീയൻ കാതോലിക്ക ബാവ തിരുമനസ്സിൽ നിന്നും പ്രസ്തുത അവാർഡ് ദബായ് യുവജന പ്രസ്ഥാനം ഭാരവാഹികൾ ഏറ്റെടുത്തിട്ടുണ്ട്. 2018 വർഷത്തെ ജീവകാരുണ്യ പ്രവർത്തനങ്ങൾക്കാണ് പ്രസ്തുത അവാർഡ് ലഭിച്ചത്.

ST. THOMAS ORTHODOX CATHEDRAL, DUBAI-UAE



Family Get Together &
Harvest Festival 2019

Friday, 08th November 2019, 4:00 - 10:30 pm

FOOD STALLS • CULTURAL & MUSICAL EVENTS • GAMES ZONES

ദിവിഭോക്സ് പ്രഥമൻ
അവാർഡ് സമർപ്പണം



റവ. ഫാ. എം.ഡി. യുഹാനോൻ റിന്വാൻ
(സുഷിരിയർ)
സെന്റ് തോമസ് ആശ്രമം, അട്ടപ്പാടി



ശ്രേയ അന്ന ഷോറൂം ഇഷാൻ ദേവ് ശ്രേയക്കുട്ടി സുജി അറാവിൻ

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CHURCH OFFICE BEARERS - 2019

Rev. Fr. Ninan Philip
Rev. Fr. Siby Thomas
Binu Varghese
Babuji George
Varghese Chacko
Alexander Jose Alex

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Asst. Vicar
Hon. Trustee
Hon. Secretary
Hon. Jt. Trustee
Hon. Jt. Secretary

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055 6123959
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